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BLUE BELT TECHNIQUES

TECHNIQUE	Against
1) BEGGING HANDS	Front two handed grab to wrist
2) FLASHING WINGS	Front straight right punch
3) REPEATED DEVASTATION	Full nelson
4) ENTANGLED WING	Front arm lock
5) DEFYING THE STORM	Front right roundhouse club
6) RAKING MACE	Front two handed lapel grab
7) THRUSTING WEDGE	Front two handed high push
8) SHIELD AND MACE	Front right step through punch
9) TRIPPING ARROW	Front bear hug, arms free
10) FALLEN CROSS	Rear two handed choke
11) RETURNING STORM	Roundhouse and backward club
12) CROSSED TWIG	Rear two handed grab to wrist
13) FLASHING MACE	Front straight right punch
14) HUGGING PENDULUM	Front right side kick
15) WINGS OF SILK	Rear two arm lock
16) GATHERING CLOUDS	Front straight right punch
17) GRIPPING TALON	Front left direct punch
18) SNAKING TALON	Front two handed push
19) CIRCLING THE HORIZON	Front step through right punch
20) RETREATING PENDULUM	Front right rear kick
21) GIFT OF DESTINY	Handshake
22) DESTRUCTIVE TWINS	Front two handed choke
23) BROKEN RAM	Front tackle
24) TWIST OF FATE	Front two handed high push.
a) LONG FORM TWO	
b) CO-ORDINATION SET ONE	

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